## Community Serves Caregivers Sessions

All sessions are 9:30 a.m. - 11:30 a.m.

**February 5, 2020** Developing a "Care Team" to be Prepared for Those Extra Stressful Moments

February 19, 2020 Social, Discussion, Education & Support

March 4, 2020 Dementia: Use of Memory Aids

March 18, 2020 Social, Discussion, Education & Support

**April 1, 2020** Communication with Physically or Cognitively Impaired People

April 15, 2020 Social, Discussion, Education & Support

For more information or to register for these free events, please call 904.407.6464.